# TRACKING ...

# **NEWS**



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# The Fort Jackson Electrical Control of the Fort Jackson Output Description of the Fort Jackson Output Description



Thursday, February 16, 2012

Published for the Fort Jackson/Columbia, S.C. Community

www.jackson.army.mil

# Housing star



Photo by SUSANNE KAPPLER

Leon Terry, lead housing management assistant with the Housing Services Office, reviews documents at his desk, which is adorned with the award he received for being the Army's outstanding housing/billeting employee.

# Fort Jackson employee tops in the Army

By SUSANNE KAPPLER Fort Jackson Leader

An employee with the Fort Jackson Housing Division has been named the top housing employee in the Army at the Professional Housing Management Association's annual conference in San Diego earlier this month. Leon Terry, lead housing management assistant with the Housing Services Office, was named the outstanding housing/billeting employee for 2011.

Terry, an Army retiree who has worked on Fort Jackson since 1993, said he was in disbelief when he found out he won. "I said, 'No, not me, I haven't done anything special," Terry said.

Emma Watson, Housing Division chief, who nominated Terry, said she feels differently.

"He always does everything that he can to help a Soldier or a family in need. To say he goes above and beyond kind of sounds cliché, but that's really him," Watson said. "He stays to get things done. He spends extra time after duty to take care of Soldiers and their families and their needs."

Terry said he appreciates the award, but that he prefers to look at his accomplishments as a result of a team effort. "I'm very humbled. I'm a behind-thescenes guy. I like to work, not be noticed," he said. "I appreciate the award, but I think I'm only as good as the folks around me."

Terry's team has been reduced to two, a number that includes himself, which adds extra challenges to the team accomplishing the mission, Watson said.

"No one from Fort Jackson has won in the past," she said. "I think it says a whole lot about the Fort Jackson team as a whole to be recognized, because you are selected among many, many others. To bring it back

See **TERRY:** Page 6

# Managing finances a readiness issue

"Anything that we can do to raise personal savings is very much in the interest of this country."

— Alan Greenspan, economist

Next week is Military Saves Week, which provides an appropriate backdrop for the Fort Jackson community and Army Community Services in preparing for the new fiscal realities within our economy. The way that you manage your finances is your own personal business, but Soldiers and civilians should make every opportunity to gain information on the best ways to prepare for their financial future.

It is in the best interests of the Army for Soldiers and civilians to achieve and maintain financial fitness. Soldiers with a clear understanding of their financial goals are far less likely to get derailed by debt problems, marital issues and depression, and are therefore better equipped to accomplish their mission and achieve their goals in life.

One of the main objectives in any plan is adequately preparing for retirement. It is never too early to start, and time is one of the most valuable assets. For example, a new Soldier who contributes \$200 per month in the Thrift Savings Plan could build a nest egg of roughly \$400,000 in a 40-year period. Saving that kind of money isn't easy; it requires discipline and sacrifice. Far too often, Soldiers make the mistake of living above their means when they are young and then end up trying to play catch-up with their savings when they are older.

This occurs more often than you think within our ranks. It's sad to say, but the Department of the Army has the lowest contribution rates in the TSP of all branches

# MAJ. GEN. JAMES M. MILANO

Fort Jackson Commanding General



of the military. There is no question that we need some major improvement in this area.

What is your debt situation? Is your debt growing over time, shrinking, or in a constant flux with consumer spending? These are just some of the important questions that you need to be asking yourselves.

ACS Financial Readiness can assist with getting things in order through a campaign called Military Saves. Military Saves is a Department of Defense-wide Financial Readiness Campaign aimed at convincing service members and all those affiliated with the military to reduce debt and save money to build wealth.

The campaign was developed and tested by its non-profit sponsor, Consumer Federation of America and the military services from 2003 to 2006 and launched throughout the Department of Defense in 2007. It is part of two larger campaigns, the DoD Financial Readiness Campaign and the national America Saves campaign.

This campaign is not a quick fix, a specific savings program, or a one-time promotional campaign. It takes a long-term, ongoing effort to make a real change in our

nation's future. You can enroll as a military saver, if you have not already done so, through www.militarysaves. org. This campaign does not share financial information and a person's participation is not reported to anyone. The thrust of the campaign is to promote commitments among participants to build wealth over time and encourage others to do the same.

Start now, take the first step, make a commitment to save and build personal wealth. Start small and think big and remember that financial readiness translates to mission readiness. Maintaining good credit, financial stability, regular savings, a TSP account and sufficient life insurance coverage are all important to mission success.

And, again, living within your means is critical. We live in a "must have it now and I'll worry about paying for it later" culture, where cost is a secondary thought, and this attitude is what gets most people, particularly young Soldiers, in financial trouble. I see it every day around Fort Jackson — people driving vehicles that, frankly, I couldn't afford to drive, maintain and insure, and at the same time maintain financial balance in my life. It takes introspection and a reality check, and this is where leaders can help guide and counsel young Soldiers. As someone I know well so eloquently put it early in my career — there's no free chicken!

To commemorate Military Saves Week 2012, there will be a couple of training sessions during the morning of Feb. 21, which are being offered through ACS. One event deals with being retirement ready and the other focuses on investments. For more information on these sessions, contact ACS at 751-5256.

Army Strong and Victory Starts Here!

# Leader Leader

## Fort Jackson, South Carolina 29207

This civilian enterprise newspaper, which has a circulation of 15,000, is an authorized publication for members of the U.S. Army. Contents of the Fort Jackson Leader are not necessarily the official views of, or endorsed by the U.S. Government, the Department of Defense, Department of the Army or Fort Jackson.

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Command Information Officer.....Joseph Monchecourt
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Website: www.jackson.army.mil

# Pledge of support



Photo by JAMES ARROWOOD, command photographer

Maj. Gen. James Milano, Fort Jackson's commanding general signs his pledge card for the Army Emergency Relief campaign. This year's campaign will begin with a kickoff event scheduled at 10 a.m., March 1 at the Joe E. Mann Center. The event will give an overview of the campaign and demonstrate its impact with personal accounts from Soldiers who have benefitted from AER. The campaign will run through May 15. Contributions can be made through unit AER representatives or by contacting the post's AER headquarters at 751-2757.

# Post to celebrate Black History Month

## By SUSANNE KAPPLER

Fort Jackson Leader

The Fort Jackson community is invited to celebrate Black History Month with a luncheon from 11:30 a.m. to 1 p.m., Feb. 24 at the Solomon Center.

Attendees will be treated to a program that — true to this year's theme "Black Women in American History and Culture" — centers around the contributions of African-American women. Attendees will receive a history calendar that highlights distinguished African-American women from South Carolina, such as Negro League baseball player Mamie "Peanut" Johnson, tennis great Althea Gibson and retired Brig. Gen. Velma Richardson.

"My intent is to capture the significant contributions that women from South Carolina have made to the (history) of America," said Sgt. 1st Class Chetoria Robinson, operations noncommissioned officer in charge at the 165th Infantry Brigade.

Robinson, the brigade's former equal opportunity adviser, has been involved in the planning of Black History Month events since 2009. She said she was amazed at how much information she has uncovered in those preparations.

"Doing the research (I've learned) a lot of things that I didn't know," Robinson said. "The more we dig into it, the more we uncover our accomplishments, and I don't think

that it's talked about or presented in a particular format throughout history, whether (it's in) the school books, the textbooks, the media.

Robinson said she views the event as an effort to broaden people's knowledge about African-American women and about South Carolina.

"You wouldn't want to miss it," Robinson said. "It'll be one of those 'aha' moments, because we hear so much about the Harriet Tubmans and the Maya Angelous, but in this case it's (about) those people who were born here in the state and what they contributed to the history and the culture and brought us to where we are."

The program will feature an all female lineup of guest speakers and performers and will include recitals of poems from Maya Angelou and Sojourner Truth.

The guest speaker will be Constella Zimmerman, a South Carolina native who serves

as academic adviser and adjunct faculty member for Webster University on Fort Jackson. Zimmerman, who holds a doctorate in education, said she hopes that her presentation will help people overcome barriers by getting a better understanding of the unique challenges that African-American women face.

"Sometimes it appears from the outside that African-American women have a chip on their shoulder or are tough or they have no empathy or no sympathy," Zimmerman said. "If you understand and try to get to know them, you get to know that there is that different person. ...

(People) need to try to get to know African-American women, because they are gems."

Zimmerman's presentation will focus on Mary McLeod Bethune, a South Carolina native who in 1904 founded the school that would later become Bethune-Cookman University.

"Mary McLeod Bethune did not have any support," Zimmerman said. "Her husband did not want her to take on establishing a school. She did it anyway. She did it against all odds. Most women don't excel to that level, but in their own little unique worlds, they're as much a hero as she was."

Zimmerman said her goal is to provide useful information to everyone attending, regardless of personal background.

"Every person should walk away, saying, 'Wow, I learned something today — not just about African-Americans, but how I can make that work for me,'" she said.

Susanne.Kappler1@us.army.mil



ZIMMERMAN

# SSI honors Soldiers, civilians

Leader Staff Report

Seven Soldiers and civilians were honored for their exceptional service during a ceremony Friday at the Soldier Support Institute auditorium.

Mike Armstead, a training instructor at the Adjutant General School, was named the SSI's civilian of the year and civilian of the fourth quarter of 2011. Capt. Sara Noyes was recognized as the Adjutant General School officer instructor of the year. Chief Warrant Officer 4 Troy Skaggs was honored as the Adjutant General School warrant officer instructor of the year and fourth quarter of 2011. Barbara Scrimoungchanh was recognized as the Postal School civilian instructor of the year.

Sgt. 1st Class Toby Whitney was named the Recruiting and Retention School instructor of the fourth quarter of 2011. Mike Henley was honored as the Adjutant General School civilian of the fourth quarter of 2011. Staff Sgt. Catlin Biles was named training developer of the fourth quarter of 2011.



ARMSTEAD



**NOYES** 



SKAGGS



SCRIMOUNGCHANH

# **CPAC CORNER**

# FINANCIAL AND LEGAL OBLIGATIONS

Federal employees are required to meet their financial obligations in a proper and timely manner. Failure to do so reflects adversely on them, the Army and the government and is considered improper conduct. Failure to honor valid debts or legal obligations may result in disciplinary action.

Employees should be counseled when complaints of indebtedness are received, especially when there are repeated instances or it impacts on the ability to perform their duties.

The Army does not take any part of an employee's salary to pay private debts except to enforce certain legal and financial obligations to the federal government or to make child support or alimony payments. Court-ordered wage garnishments, received by supervisors or the Civilian Personnel Advisory Center, must be referred to the Judge Advocate's Office.

Want more Fort Jackson news?
Watch Fort Jackson video news
stories and Victory Updates
at http://www.vimeo.com/
user3022628

# Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the March 1 Leader must be submitted by today. Announcement submissions are due one week before publication.

For example, an announcement for the March 1 Leader must be submitted by Feb. 23.

Send your submissions to FJLeader@gmail.com.

For more information, call 751-7045.



# **Housing Happenings**

# **COMMUNITY UPDATES**

□ Update: The Residential Communities Office (currently located at 2441 Essayons Way) and the Housing Services Office (currently located in the Strom Thurmond Building, Room 241) will move in March to Building 4514 on the corner of Strom Thurmond Boulevard and Marion Avenue. The exact date of the move will be announced soon. Landline phones and computer systems will be unavailable during the transition. For immediate assistance call Emma Watson at 338-4809 or Vickie Grier at 413-8199.

☐ A workshop on how to clear housing is scheduled for 9 a.m., Feb. 24, at the Community Center. Residents who are unable to attend but have questions about clearing housing, should call 738-8275.

☐ Refer someone to move on post to receive \$200.

☐ Garden plots on Gilmer Court are now available to on-post residents. For more information, call Valerie Kinsley at 751-7126. ☐ To nominate a child for the "Distinguished Child Award," email ayoungblood@bbcgrp.

#### **CONSTRUCTION UPDATES**

□ New home construction on Fort Jackson is now completed. Construction included 610 new homes and the Community Center.

# **SPECIAL WORSHIP SERVICES**

The following special worship services have been scheduled:

# **□** Wednesday

- Imposition of Ashes and Holy Communion (Anglican): noon, MACH Chapel
- Ash Wednesday (Catholic): 11:30 a.m. and 7 p.m., Main Post Chapel

# ☐ Beginning Feb. 29, Wednesdays

- Stations of the Cross (Catholic): 5:30 p.m., Main Post Chapel, followed by bread and soup meal
  - **□** Sundays
- Eucharist (Catholic): 8 a.m., Solomon Center

## ☐ Monday-Thursday

— Eucharist (Catholic): 11:30 a.m., Main Post Chapel (except on training holidays)

# Military Saves Week to focus on preparing for retirement

With millions of baby boomers entering their retirement years and millions more still struggling from recent economic shifts, Military Saves Week 2012 will focus on establishing a sound retirement fund.

This year's theme, Retirement Ready, and the Feb. 21 main event with the Army Community Services Financial Readiness Program and Col. Jamie Houston, is intended to guide participants through the thought process of where they are, where they want to be and how to get there.

For those feeling that they are too young, too old or just too busy to get started, even seemingly small steps can establish big payoffs — especially with early planning and preparation.

Military Saves is a Department of Defense-wide financial readiness campaign to educate, persuade, motivate, and encourage Soldiers and their family members, as well as the wider military community, to reduce debt and save money each month.

Doing so can create doors of opportunity that would otherwise be closed to these individuals. The goal of the campaign is to improve financial readiness and improve savings rates and other wealth building activities to aid in-force readiness.

With the Army having the lowest

# FINANCIAL ADVICE

By SHAWN ANDERSON Army Community Services Financial Readiness

Thrift Savings Plan contribution rates of the services, there is a huge opportunity for leaders to educate Soldiers. This year's campaign begins Feb. 19 and runs through Feb. 27. It will address:

- ☐ Establishing sustainable financial practices prior to and through retirement.
- ☐ Reducing debt burdens.
- ☐ Building reserves through savings and investment.
- ☐ Increasing awareness of the Thrift Savings Plan and other tax advantaged IRA options.
  - ☐ Basic investing.
- ☐ Understanding the marketplace in which we invest.
- ☐ Estimating monthly retirement contributions based on age, goals, risk tolerance, current position and long-term historical rates of return.

Part of the Military Saves campaign includes "The Saver Pledge," a commitment to exercise good financial habits and encourage other Americans to do the Savers who enroll online and take the pledge at www.militarysaves.org receive electronic newsletters and e-Wealth Coach advice. (Savers can also scan the QR code at the end of the article.)

Few things add stress to family life like money problems and it is pretty tough to uncover a part of life which is not impacted by the household finances. Taking the pledge will provide a support group and free advice for moving forward.

Active duty, National Guard and Reserve Soldiers, DoD civilians, retirees, veterans, defense contractors and family members are eligible to participate in this year's events. Leaders are welcome to RSVP their groups for training purposes or arrange an alternate date.

The Feb. 21 main event will be held in two blocks of instruction, 9 to 10:15 a.m. and 11:30 a.m. to 12:45 p.m., at the 81st Regional Support Command, 1525 Marion Ave. Individuals and/or units can RSVP with ACS Financial Readiness at 751-5256.





SAVINGS ARSENAL





Contact (803) 751-5256 for more information.

militarysaves.org

# **News and Notes**

#### **JOB FAIR SCHEDULED**

A "Hiring Our Heroes Job Fair" is scheduled from 10 a.m. to 4 p.m., March 6, at the Solomon Center. The job fair is open to active duty, National Guard and Reserve service members, retirees, veterans, DoD civilians and family members. Job seekers are asked to register at www.uschamber. com/veterans/events by Feb. 28.

#### SINGLE SOLDIER TOWN HALL SET

Better Opportunities for Single Soldiers will host a town hall meeting for single Soldiers from 5:30 to 7 p.m., Feb. 23, at the Single Soldier Complex. Key leaders from Fort Jackson will be in attendance.

#### **MILITARY SAVES WEEK EVENT SET**

As part of Military Saves Week, Army Community Services has scheduled a two-part workshop on retirement readiness. The workshop is set for Feb. 21 at the 81st Regional Support Command auditorium. Part 1 will be from 9 to 10:15 a.m. Part 2 is scheduled from 11:30 a.m. to 12:45 p.m. Col. Jamie Houston will be the guest speaker. For more information and to register, call 751-5256.

#### **MACH INFORMS ABOUT RECALL**

Pfizer recently recalled Lo/Ovral birth control pills. The Moncrief Army Community Hospital pharmacy does not order or dispense birth control marketed as Lo/ Ovral-28 tablets or the generic versions, Norgestrel and Ethinyl Estradiol. Patients who get their prescriptions at other pharmacies should consult www.fda.gov to see if their prescriptions are affected by the recall. The affected packets have expiration dates between July 31, 2013, and March 31, 2014. Patients who own the affected product should notify their doctor and return the product to the pharmacy from which it was obtained. MACH beneficiaries who have questions or concerns about the recall, should call 751-2385.



**Friday, Feb. 17 — 4 p.m.** Old Dogs

PG

Friday, Feb. 17 — 7 p.m.

The Darkest Hour PG-13

Saturday, Feb. 18 — 4 p.m.

War Horse PG-13

Sunday, Feb. 19 — 2 p.m.

Joyful Noise

PG-13

Wednesday, Feb. 22 — 1 p.m.

Joyful Noise PG-13

Wednesday, Feb. 22 — 4 p.m. War Horse PG-13

Adults: \$4.50

Children (12 and younger): \$2.25

# Terry credits team for winning award

Continued from Page 1

to Fort Jackson, to me, is a major accomplishment."

Watson emphasized that she is proud of all of her employees, and that she strives to nominate a team member each year. She said being recognized as the top employee in the Army is a great accomplishment.

"I was really pleased that Leon - and that all that he's done - was recognized, not just at this level, but at the Army level as well. It's big for Leon, and he deserves it."

Terry said his job is to make sure Soldiers and their families get settled as quickly and smoothly as possible.

"Our Number One priority is taking care of the Soldiers and making sure they're happy when they leave this office."

Sometimes that requires a little extra effort, he said.

"(Working from) 7:30 a.m. to 5 p.m. is OK, but if (we) have to be here afterwards, taking care of customers and customer needs, trying to help (deal with) different situations ... we stay here as a team and do it. We're customer-oriented and we love our Soldiers and families," he said.

Terry, who is also active on post with the Daniel Circle Chapel men's choir, said his attitude stems from his faith.



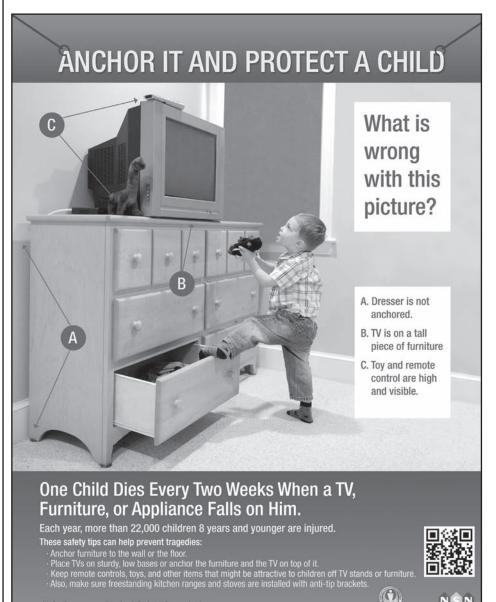
Courtesy photo

Leon Terry, third from the left, receives his award at a conference in San Diego, Feb. 2. He was presented the award by Lt. Gen. Michael Ferriter, IMCOM commander, right, and by IMCOM Command Sgt. Maj. Donald Felt, left.

"Glory to God. He puts it in my spirit to help someone and do the best that I can," he said. "When I wake up in the morning, as I'm preparing to come to work, I say, 'Lord, let me be able to help

somebody today, make somebody's day a little better.' ... "Life is about helping your fellow man with love and kindness, then thank him and wish him a blessed day."

Susanne.Kappler1@us.army.mil



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user3022628



# MoH recipients to attend events today

By CAPT. JONATHAN CHANDLER 193rd Infantry Brigade

Five Medal of Honor recipients are visiting Fort Jackson this week. They are being hosted by the 193rd Infantry Brigade.

The MoH recipients are
Bruce Crandall, Walter Marm,
Alfred Rascon, Robert Patterson and Salvatore Giunta.
The group will observe Basic
Combat Training events across post.

The week's events began Wednesday with a "Spiritual Fitness Breakfast" at the Fort Jackson NCO Club, where Crandall was the guest speaker. The MoH recipients attended the Family Day ceremony for the 1st Battalion, 13th Infantry Regiment, where Rascon was the guest speaker.

They also had the opportunity to observe training events postwide; including Essential Skills Trainer 2000, the Chemical-Biological-Radiological and Nuclear Chamber, Basic Rifle Marksmanship, Advanced Rifle Marksmanship, Medical Simulation Training Facility, the Confidence Obstacle Course and Victory Forge.



**CRANDALL** 



GIUNTA



MARM



**PATTERSON** 



**RASCON** 

Today, the MoH recipients will attend the 1-13th Infantry Battalion graduation, where Giunta will speak to the new Soldiers and their families. Graduation takes place 10 a.m. at Hilton Field. Following the graduation, they will continue to observe training across Fort Jackson, including Mounted Operations in Urban Terrain, and the Rites of Passage ceremony for 3-60th Infantry Battalion. This afternoon, the five MoH recipients will participate in a

The event is open to members of the Fort Jackson and Columbia communities as the post continues to build upon its 94-year-old military-community ties. Here, the MoH recipients field questions from the public about why Fort Jackson's mission is vital to the success of the Army. The

Round Table event hosted at the Post Theater.

event begins at 2 p.m.

The MoH recipients will also observe training events, including Fit to Win, the Hand Grenade Assault Course and Buddy Team Movement Techniques. By the end of the week, the guests will have observed all phases of Basic Combat Training and have a better understanding of how Fort Jackson transforms volunteers into Soldiers.

Concluding the week, the MoH recipients will be guests of honor at the 193rd Infantry Brigade formal, where they will enjoy an evening with the brigade's drill sergeants, cadre and family.

The 193rd Infantry Brigade has planned the Medal of Honor Week's activities to showcase the Army's centerpiece for Initial Military Training.

# Customer service training



Photo by NEAL SNYDER, IMCOM

Lt. Gen. Michael Ferriter, commander of the U.S. Army Installation Management Command, teaches customer service to students of the IMCOM Garrison Leader's Course Feb. 6. Ferriter used Army combatives to illustrate getting involved with people they serve.



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"Fort Jackson Leader."



# Burns help manage post's forests

## By STANLEY RIKARD

Directorate of Public Works Wildlife Branch

Late winter and spring is the time of year when the Fort Jackson Forestry Branch's prescribed burn team is in high gear. Current conditions are right to allow prescribed burning — which is also called, controlled burning — on approximately 34,000 acres of training land.

"There are only a limited number of days each year when we can conduct a prescribed burn," said Sara Clayborne, Fort Jackson's fire management officer. "We look at weather conditions, predicted smoke dispersal, amount and type of fuel to be burned, fuel moisture, forest type, terrain, where Soldiers are training, and many other factors to determine when and where to burn."

Both dormant season and growing season prescribed burns are conducted on the installation. Each has its benefits, and both are useful tools in achieving the desired goals and objectives of the burn.

Dormant season burns are typically conducted during the winter when vegetation is not growing. These burns are especially useful in reducing fuels on the forest floor such as leaves, pine straw, grasses, and limbs.

"Fuel reduction is important on our installation as accidental wildfires occur throughout the year, and they are much easier to extinguish where prescribed burns have been conducted," Clayborne said.

Growing-season burns, which are conducted after the new leaves appear in the spring, are much better in controlling undesirable vegetation, particularly hardwoods. These burns also help stimulate herbaceous vegetation and grasses that many wildlife species depend on for food and cover. Also, growing-season burns most resemble the natural burns which historically have occurred in the Southeast from lightning strikes.

"Growing-season burns are essential in keeping our pine forests open and park-like," said Fort Jackson wildlife biologist Nicole Hawkins. "Our endangered red-cockaded woodpecker requires old growth open pine forests for survival. Chemical treatments to remove undesirable vegetation cost 10 times as much per acre as prescribed fire, and mechanical treatments are at least 20 times more expensive."

Prescribed burning is widely recognized by forestry and natural resource managers as one of the most cost-effective



Courtesy photos

Members of the prescribed burn team patrol a firebreak path on Fort Jackson during a recent burn. More than 12,000 acres were burned last year in an effort to manage land effectively and naturally.

land management tools available. Few, if any, alternative treatments can compete regarding effectiveness and costs. And, a single prescribed burn can have multiple benefits for many species of plants and animals that inhabit Fort Jackson, including our Soldiers in training.

Drill sergeants have been asked about the type of forested lands they prefer to use on the installation when training Soldiers in the field. The majority agree that they prefer to train in open pine stands where they can see their Soldiers and give them verbal instructions as they train. Stands that are maintained by prescribed fire provide ideal training

"Our goal in the Forestry Branch is to prescribe burn all our timber stands on a three-year rotation," Clayborne said. "Last year we had a record-breaking burn season with 12,688 total acres being prescribed burned, and 8,215 acres of those burned during the growing season. If the current warmer-than-normal temperatures continue this year, growing season burns may begin earlier than normal."

In the next few months, when someone sees a large smoke plume over Fort Jackson, he or she should aware that it is probably not some catastrophic wildfire, but the Forestry Branch's prescribed burn team improving training lands with a prescribed fire.



Dormant-season burns, which take place during the winter, are effective in managing leaves, pine straw, grasses and limbs accumulated on the forest floor.

# Army to open six MOSs to women

## By GARY SHEFTICK

Army News Service

WASHINGTON — The Army announced its intent last week to open six occupational specialties and more than 13,000 positions to women.

These six military occupational specialties, or MOSs, were previously closed to women because they were normally co-located with direct combat units:

- ☐ 13M Multiple Launch Rocket System crewmember
- ☐ 13P MLRS Operations/Fire Direction Specialist
- ☐ 13R Field Artillery Firefinder Radar Operator Specialist
  - ☐ 91A M1 Abrams Tank System Maintainer
  - ☐ 91M Bradley Fighting Vehicle System Maintainer
  - ☐ 91P Artillery Mechanic

DoD officials said at a Pentagon press conference that they have notified Congress of their intent to open these MOSs to women, and the change will become effective after 30 days of continuous Congressional session, as required by law. This is expected to occur later in the spring, said Maj. Gen. Gary Patton, principal director for DoD Military Personnel Policy.

In addition, officials announced that another 1,186 positions at battalion level would be opened to women in the Army, Marine Corps and Navy. These are in specialties already filled by women, but only at the brigade or higher level

The 1994 DoD policy known as the Direct Ground Combat Definition and Assignment Rule had prohibited women from serving in combat units below the brigade level. But the secretary of defense has now granted an exception to policy to allow women to serve in some positions in combat units at the battalion level.

The six specialties previously barred to women were due to the "co-location" element of the 1994 policy. That provision has restricted women from serving in MOSs that by doctrine are located with combat units.

DoD intends to eliminate the "co-location" provision due to the non-linear and fluid nature of today's battlefield where there often is no front line, said Deputy Under Secretary of Defense for Military Personnel Policy Virginia "Vee" Penrod.

"The battle space we have experienced in Afghanistan and Iraq require our forces to be distributed across the country," Penrod said. "There is no rear area that exists in this battle space. Continuing to restrict positions as solely on being co-located with direct combat units has become



U.S. Army photo

Master Sgt. Renee Baldwin fires a .50-caliber machine gun during training last summer at Joint Multinational Training Command's Grafenwoehr range in Germany. Women will soon be allowed in six additional military occupational specialties normally located with combat units.

irrelevant'

Patton said it may take some time to recruit and train women in the six specialties where they haven't served before. Training them as tank mechanics, for instance, will take longer than placing them at battalion level in MOSs they already know, he said.

Women will be placed in the new positions as men are scheduled to rotate out, Patton said. A normal rotation schedule will be followed and men will not leave the positions earlier than expected, he said.

About 280,000 positions across the services remain

closed to women due to the combat exclusion policy.

After six months, DoD will assess the feedback from women serving in the new positions and use the information to take another look at the suitability and relevance of the direct ground combat unit assignment prohibition, Penrod said.

"This is the beginning of the end" of the combat exclusion policy, she added.

"We recognize the expanded role of women in the military," Patton said. "I've seen women in combat perform in an expanded role. I'm very proud of them."

# Saluting this basic training cycle's honorees

**DRILL SERGEANTS OF THE CYCLE** 



Sgt. 1st Class Nathan Dunkelberg Company A 1st Battalion, 13th Infantry Regiment

**SOLDIER LEADER** OF THE CYCLE Pfc. Alejandro Paulino

**SOLDIER OF THE CYCLE** Pfc. Mariangely Velazquez

**HIGH APFT SCORE** Spc. Dwight Ruff Jr.

**HIGH BRM** Pvt. Jacob Moreno



Staff Sgt. **Marcus Gutierrez** Company B 1st Battalion, 13th Infantry Regiment

**SOLDIER LEADER** OF THE CYCLE Spc. Tyler Benjamin

**SOLDIER OF THE CYCLE** Pfc. Nicholas Johnston

**HIGH APFT SCORE** Pfc. Reno Bradicich

**HIGH BRM** Pvt. Robert Shankleton



Staff Sgt. Isaac Moore Company C 1st Battalion, 13th Infantry Regiment

**SOLDIER LEADER** OF THE CYCLE Pvt. Angelica Tedeski

**SOLDIER OF THE CYCLE** Pvt. Cameron West

**HIGH APFT SCORE** Pvt. Devin Desalle

**HIGH BRM** Spc. Richard Ford



Staff Sgt. Spencer Lewis Company D 1st Battalion, 13th Infantry Regiment

**SOLDIER LEADER** OF THE CYCLE Pvt. Michelle Brown

**SOLDIER OF THE CYCLE** Spc. Jack Jensen

**HIGH APFT SCORE** Pvt. Jesse Rutkowski

**HIGH BRM** Pvt. Jason Hopkins



Staff Sgt. **David Leakey** Company F 1st Battalion, 13th Infantry Regiment

**SOLDIER LEADER** OF THE CYCLE Spc. Amy Lang

**SOLDIER OF THE CYCLE** Spc. Alexandra Erickson

**HIGH APFT SCORE** Spc. Lauri Weathers

**HIGH BRM** Pfc. Travis Froman



**BROWN** 

**Training** 

honors



**REVER** 

**369TH ADJUTANT GENERAL BATTLION** 

**INSTRUCTOR** OF THE CYCLE

Sgt. 1st Class Pamela Brown

**PLATOON SERGEANT** OF THE CYCLE

Sgt. 1st Class Bryan Rever

CADRE OF THE CYCLE

Sgt. 1st Class Murphy Terry

# SUPPORT AWARDS OF THE CYCLE -

STAFF SUPPORT Tony Hedrick

TRAINING SUPPORT Staff Sgt. Michael Looper **SERVICE SUPPORT** 

Staff Sgt. Tuesdae Chennault

**DFAC SUPPORT** Brenda Jones

# **FAMILY SUPPORT** Kim McDonald

Want more Fort Jackson news?

Watch Fort Jackson video news stories and Victory Updates at http://www.vimeo.com/user3022628

# At your service

Phone numbers and operation hours for key post facilities

All South Endoval Cundit Harian	792 0920	Monday Thursday 0 a m to 5 n m : Evidey 0 a m to 6 n m
All South Federal Credit Union American Red Cross	782-9830 751-/4329/5923	Monday-Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 6 p.m.
		Monday-Friday, 8 a.m. to 4 p.m.
Andy's Fitness Center	751-4177	Monday-Friday, 5 a.m. to 9 p.m.; Saturday, 8 a.m. to 6 p.m., Sunday, 10 a.m. to 4 p.m; call for hour on training and federal holidays
Army Career Alumni Program	751-4109/4104	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Army Community Service	751-5256	Monday-Friday, 8 a.m. to 4 p.m.
Army Continuing Education Services	751-5341	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Army Substance Abuse Program	751-5007	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Bowling, Century Lanes	751-6138	Closed Monday; Tuesday-Thursday, 11:30 a.m. to 10 p.m.; Friday, 11:30 a.m. to 11 p.m.; Saturday, 1 p.m. to midnight; Sunday, 2 to 10 p.m.
Bowling, Ivy Lanes	751-4759	(For use by Soldiers in training): Thursday, 1 to 8:30 p.m.; Friday, 5:30 to 9 p.m., Saturday, 1 to 9 p.m.; Sunday, 11 a.m. to 5 p.m.
Car Care Center	782-1639	Monday-Friday, 8 a.m. to 5 p.m.
Chaplain Museum	751-8827/8079	Monday-Friday, 9 a.m. to 4 p.m.
Child and Youth Services	751-4865	Monday, Wednesday and Friday, 7:30 a.m. to 4:30 p.m.; Tuesday and Thursday, 7:30 a.m. to 6 p.m.
Civilian Personnel Advisory Center	751-3219	Monday-Friday, 8 a.m. to 4 p.m.
Class VI	782-1601	Monday-Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 8 p.m.; Sunday, 10 a.m. to 7 p.m.
<b>Clinical Army Substance Abuse Program</b>	751-6597	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Coleman Gym	751-5896	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends, training holidays and holidays except Christmas and New Year's Day, 6 a.m. to 2 p.m.
Commissary	751-5789	Sunday, 11 a.m. to 6 p.m.; Tuesday and Saturday, 9 a.m. to 8 p.m.; Wednesday-Friday, 10 a.m. to 8 p.m.
DA Photos (TSC)	751-7592	Monday-Thursday, 8 to 11 a.m. and 1 to 3 p.m.
<b>Defense Military Pay Office</b>	751-6669 (Soldiers)	Monday-Friday, 8 to 11:30 a.m. and 12:30 to 4 p.m. Civilians should call 751-4914.
Dental Clinics	751-5178/6017	Monday-Friday, 7:15 a.m. to 4:15 p.m.
Family Health Center	751-2273	Monday-Friday, 7:20 a.m. to 8 p.m.; training holidays, 8 a.m. to 4 p.m.
Family Life Resiliency Center	751-4961	Monday-Friday, 9 a.m. to 5 p.m.
Florist	738-1812	Monday-Friday, 9 a.m. to 5:30 p.m.
Fort Jackson National Cemetery	699-2246	Monday-Friday, 8 a.m. to 4:30 p.m.
<b>Furniture Store</b>	787-9175	Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.
<b>Hospital Retail Annex</b>	782-1263	Monday-Friday, 7 a.m. to 4 p.m.
ID Section	751-7731	Monday-Friday, 8 a.m. to 4 p.m.
<b>Legal Assistance and Claims</b>	751-4287/3603	Monday-Friday, 9 a.m. to 4 p.m.
LCI-SSSC	790-5306	Monday-Friday, 8 a.m. to 4 p.m.
Main Outpatient Pharmacy	751-2259	Monday-Friday, 7:30 a.m. to 5 p.m.
MG Robert B. Solomon Center	751-4056	Monday-Friday, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.
<b>Military Clothing Sales Store</b>	787-5248	Monday-Friday, 9 a.m. to 7 p.m.; Saturday-Sunday, 10 a.m. to 4 p.m.
Movie Theater	751-7488	Hours vary
National Federation of Federal Employees	751-2622	
NCO Club	782-2218	Monday-Friday, 7 a.m. to 3:30 p.m.; Saturday, 8 p.m. to 2 a.m. Open later for entertainment and special events; call for details and times.
Officers' Club	751-4906	Tuesday-Friday, 8:30 a.m. to 4:30 p.m.; Sunday brunch, 11 a.m. to 1:30 p.m.
Palmetto Falls Water Park	751-3381	**Closed for season**
Perez Fitness Center	751-6258	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends and training holidays, 10 a.m. to 6 p.m.
Pharmacy Annex (PX mall)	751-2250	Monday-Friday, 9 a.m. to 6 p.m.
Pool, Knight	751-4796	Monday-Friday, 6 a.m. to 2 p.m., 4:30 p.m. to 7 p.m.
Pool, Legion	751-4796	**Closed for season**
Post Exchange	787-1950/1951/1952	Monday-Saturday, 9 a.m. to 9 p.m.; Sunday, 10 a.m. to 7 p.m.
Post Library	751-5589/4816	Monday-Thursday, 11 a.m. to 8 p.m.; Friday-Sunday, 11 a.m. to 5 p.m.
Post Office	782-8709	Monday-Friday, 8:30 a.m. to 5 p.m.
Recycling Center	751-4208	Monday-Friday, 7 a.m. to 3 p.m.; Saturday, 8:30 a.m. to 3:30 p.m.
Reuse Center	751-5121	Monday-Friday, 10 a.m. to 2 p.m.
Safety Center	751-6004	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Gate 1 Express	782-2076	Monday-Friday, 7 a.m. to 6 p.m.; Saturday-Sunday, 10 a.m. to 6 p.m.
Gate 2 Express	790-4478	Open 24 hours a day
SSI Retail Annex	738-9189	Monday-Friday, 8 a.m. to 2:30 p.m.
Thrift Shop	787-2153	Tuesday and Thursday, 9 a.m. to 3 p.m.; Wednesday, 9 a.m. to 5 p.m.
Vanguard Gym	751-4384	Monday-Friday, 5:30 a.m. to 9 p.m.; Saturday, Sunday and holidays, 1 to 8 p.m.
Vehicle Registration	751-5887	Monday-Friday, 8 a.m. to 4 p.m.
Veterinary Clinic	751-7160	Monday-Friday, 8 a.m. to 4 p.m.
Weston Lake	751-5253	Oct. 1 through April 30: 9 a.m. to 5 p.m.; May 1 through Sept. 30: 10 a.m. to 6 p.m.

Anything we missed? E-mail us at fileader@gmail.com.

# Calendar

**Todav** 

**Medal of Honor round table** 2 to 4 p.m., Post Theater

*Today* — *Saturday, Feb. 18* Seafood road show

10 a.m. to 7 p.m., Commissary

Tuesday

# Military Saves Week: Are you retirement ready?

9 a.m. to 12:45 p.m., 81st Regional Support Command. Auditorium

For more information and to register, call 751-5256.

Friday, Feb. 24
Black History Month luncheon
11:30 a.m., Solomon Center

Friday, Feb. 24

At Ease — "Celebrating Love" potluck

6 to 8 p.m., Main Post Chapel To arrange for child care, email *lms946@*)

hotmail.com by 2 p.m., Wednesday.

Tuesday, March 6
Hiring our Heroes job fair
10 a.m. to 4 p.m., Solomon Center

Thursday, March 8 SSI Change of Command

10 a.m., Officers' Club Brig. Gen. Mark McAlister will relinquish command to Brig. Gen. David MacEwen.

# **Housing events**

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Ongoing Book drive

Balfour Beatty will be collecting books throughout February to donate to the Richland County Public Library.

Today, 3 p.m.
Sun catcher painting

Children 3-10 years old are invited to paint sun catchers for their homes. Limited materials are available. RSVP is required by Monday. To register, email *ayoungblood@bbcgrp.com* or call 738-8275.

# **Announcements**

# **TELEPHONE BOOK RECYCLING**

Old telephone books can be dropped off at the Fort Jackson Recycling Center through March 31. Phone books can be turned in from 7 a.m. to 3 p.m., Monday through Friday, and from 8:30 a.m. to 3:30 p.m., Saturday. For more information, call 751-4208.

# **EXCESS PROPERTY SALE**

Family and Morale, Welfare and Recre-

ation has scheduled an excess property sale from 7:30 a.m. to 3 p.m., Feb. 25, at Building 4510. Preview is available from 10 a.m. to 2:30 p.m., Feb. 24 only. Sale items include TVs, DVDs, flatware, dishes, furniture, refrigerators and fitness equipment. Two vans, a dump truck and golf carts are available under sealed bid. The bids will be awarded and read at 2 p.m., Feb. 25.

# **CPAC CUSTOMER CARE PROGRAM**

The Civilian Personnel Advisory Center has launched a new program, "I CARE," which focuses on excellence in customer service. The program emphasizes integrity, compassion, advocacy, resourcefulness and excellence. CPAC sets a theme each month to highlight one of the standards emphasized.

#### **RED CROSS OFFERS WORKSHOP**

The American Red Cross is offering "Reconnection Workshops" to support and ease service members' transition home after deployment. The workshops focus on one-on-one and small group discussion to enhance the likelihood of positive reconnections among family members. Service members who are interested in a workshop locally should call 751-4329 or email *jacksonredcross@yahoo.com*.

# **LUNCH WORKOUT**

The 187th Ordnance Battalion Functional Training Center offers lunchtime workouts at noon, Tuesdays and Fridays, at 2250 Sumter Ave. For more information, call 751-9740 or email *Sophie.Hilaire@us.army.mil*.

## SCHOLARSHIPS FOR MILITARY KIDS

Applications for the 2012 Scholarships for Military Children program are available at commissaries and online at www.commissaries.com and at www.militaryscholar.org. The program awards at least one \$1,500 scholarship to a student at each commissary. Applications must be turned in at a commissary by Feb. 24.

# **SAT TESTING**

The Education Center will administer SAT testing March 12. Testing is available to eligible service members only. For more information and to register, visit the Education Center or call 751-5341/5342.

## **SLOGAN SOUGHT**

The Fort Jackson Environmental Management Branch is seeking ideas for a recycling slogan. Submissions are due March 1. Send your ideas to *Lisa.A.Mcknight11.* ctr@mail.mil. The winning slogan will be used for upcoming recycling events and items

# MG URSANO SCHOLARSHIP

The MG James Ursano Scholarship Program offers scholarships for dependent children of active, retired and deceased Soldiers. The scholarships are awarded based on financial need, academics and leadership/achievement. The deadline to apply is April 2. For more information, visit www.aerhq.org or call (866) 878-6378.

# **AA MEETINGS**

Fort Jackson Alcoholics Anonymous has scheduled open meetings for 9 to 10 a.m., Wednesdays and Fridays, at 9810 Lee Road. For more information, call 751-6597

## **UNIT PREVENTION LEADER CLASS**

The next Army Substance Abuse Program Unit Prevention Leader class is scheduled from 8 a.m. to 4 p.m., March 26-30 at 9810 Lee Road. For more information, call 751-7949/5007.

Visit the community calendar at www. jackson.army.mil for a full listing of calendar events.

Send your announcements to fileader@gmail.com.

Community announcements may be edited to comply with Leader style and Public Affairs regulations. Announcements are due one week before the publication date.

For more information, call 751-7045.

# **Off-post events**

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

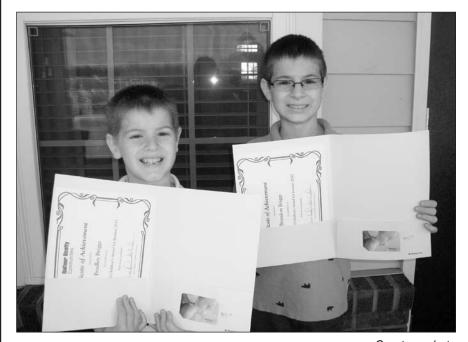
#### 173RD AIRBORNE ANNIVERSARY

The 173rd Airborne Brigade National Memorial Foundation will host a celebration to commemorate the 50th anniversary of the brigade March 21-24 at Fort Benning, Ga. The event will include a reading of the names of fallen Soldiers from the brigade. For more information, visit www.173dairbornememorial.org or email ramirez173@hotmail.com.

#### **OCS ALUMNI REUNIONS**

The Army Officer Candidate Schools Alumni Association, Inc. has scheduled reunions for graduates of Army officer candidate schools, regardless of location or branch, April 25 through 29 at Fort Benning, Ga. For more information, email *Army@OCSAlumni.org* or call (706) 221-8720

# Distinguished children



Courtesy photo

Bradley, 4, left, and Brandon Briggs, 8, are the winners of Balfour Betty Communities' Distinguished Child Award for January. To nominate a child for being helpful, doing a good deed or a similar accomplishment, email ayoungblood@bbcgrp.com.

# **SUBMISSION GUIDELINES**

Send all submissions to *FJLeader @gmail.com*. For more information, call 751-7045. For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be sent by fax to 432-7609 or by email to *skaress@ci-camden.com*.

For information about display advertising, contact Kathy at 786-5681.

The *Leader* welcomes letters to the editor. All letters should include the name and hometown of the writer.

Letters should also include a phone number for verification purposes.

The Leader reserves the right to edit letters for grammar, style, spelling and brevity. Send your letter to *FJLeader@gmail.com*.

# Travel Extravaganza on tap

#### By THERESA O'HAGAN

Family and Morale, Welfare and Recreation

Victory Travel will hold its Sixth Annual Travel Fair, Victory Travel Extravaganza 2012, from 11 a.m. to 2 p.m. Feb. 27 at the Solomon Center.

Victory Travel's manager Don Jackson began planning the Travel Extravaganza in early November. After experimenting with different time frames over the years, Jackson has determined the mid-morning to early-afternoon time frame makes Extravaganza more accessible to Soldiers and other members of the Fort Jackson community who may not be able to attend during duty hours.

Many Soldiers visit during their lunch break to check out the variety of travel services, offers, prizes and free food.

Jackson is looking forward to this year's event and showcasing the various travel vendors

"We've had a very great response from vendors attending this year," Jackson said. Among this year's vendors are Carnival Cruise Lines, Royal Caribbean

Cruise Lines, Riverbanks Zoo Gardens, Sands Resort Myrtle Beach, Great Wolf Lodge, Armed Forces Vacahave attended. tion Club, The main fo-Mast Gencus for the show eral Store, is having travel vendors come to Darlington Fort Jackson and Raceway as well as many showcase the many products and discounts more hotels and attractions within the Carolinas, Georgia and Florida

Jackson expects around 40 vendors to participate in this year's event. Most of the vendors will have drawings for door prizes. Hors d'oeuvres and beverages will also be served.

In past years, vendors have said that Victory Travel's Extravaganza was among the best organized travel shows that they

that are offered to the military, from hotels, attractions, theme parks and many more places.

Victory Travel offers discounts through programs such as the Military Travel Voucher, Armed Forces Vacation Club, cruise discounts, airlines tickets, vacation packages and much more.

For more information, call Victory Travel at 751-5812 or visit www.fortjacksonmwr.com/travel.



#### **THURSDAY**

☐ Visit Century Lanes for food, fun and bowling.

☐ Victory Bingo, 2 to 11 p.m.

☐ Sleepy Storytime at the **Post Library**, 6:30 to 7 p.m. Come in pajamas and go home ready for bed.

☐ Magruder's Pub and Club happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.

#### **FRIDAY**

☐ Look what I can do, Thomas Lee Hall Library. Call 751-5589 for more information.

☐ Visit the **Officers' Club**, 11 a.m. to 1:30 p.m. for the seafood buffet.

☐ Victory Bingo, starts at 2 p.m.

☐ Dance to a variety of music provided by DJ Randall at **Magruder's Club**, 9 p.m. to 3 a.m. Magruder's Club is located in the back of Magruder's Pub. Cover charge is \$5 for civilians and \$3 for military. Every other Friday, sing along to Linda's Carraoke Karaoke. Be early for happy hour, 4:30 to 6:30 p.m. Appetizers are available, while they last.

☐ Every Friday is Artistic Expression with Jake at 6:30 p.m. in the Teen Room at the **Youth Services Center.** 

#### **SATURDAY**

☐ Victory Bingo, starts at 1 p.m.

☐ Step Team practice, 2 p.m., dance room at the Youth Services Center.

☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military.

☐ Try Hickory Bistro at the **Officers' Club**, 11 a.m. to 1:30 p.m. Get your favorite breakfast or lunch dishes at a new lower price.

☐ Victory Bingo, starts at 10 a.m.

☐ Every Sunday is Family Day at the **Youth** Center, 2-6 p.m.

# WEDNESDAY

☐ Victory Readers Club, 6 to 8 p.m., **Post** Library.

□ 4-H Club meets 4 to 5 p.m; for grades 1-5. Call 751-1136 for information.

# **ONGOING OFFERS**

☐ The Officers' Club specializes in wedding receptions, anniversaries, promotions and other special occasions. For more information, call 782-8761.

☐ The NCO Club breakfast buffet is 6 to 9 a.m., Monday through Friday. The cost is \$6.50 for adults and \$3.75 for children 4 to 10 years old. Lunch is 11 a.m. to 1:15 p.m. and is \$8 for adults.

☐ The Officers' Club is open for lunch Tuesday through Friday, 11 a.m. to 1:30



# Leader deadlines

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For example, an article for the March 1 Leader must be submitted by today.

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Watch Fort Jackson video news stories and Victory Updates at http://www.vimeo.com/user3022628



# Dating sites may not be labor of love

By CAPT. ALANA R. HINES

Legal Assistance Office

While some agree that it is "better to have loved and lost than never loved at all," most do not want to throw money away while trying to find love.

Americans spent more than \$15 billion for Valentine's Day last year. That number was likely matched, if not exceeded, this year. But Feb. 14 is not the only day Americans spend money on their quest for love.

Annually, Americans spend more than \$450 million on online dating services and personal advertisement websites. Before spending hard-earned dollars, users may want to consider some of the problems associated with

The typical online dating service requires people to post a user profile (i.e. list of the person's gender, age, religion, likes/dislikes, etc.), and then allows that person to look for other user profiles using search criteria.

The majority of services allow users to upload personal photos and look at photos of the other users. Some of the more technologically advanced services allow for webcasts, online chats and message boards between registered users.

The most common complaint with online dating services has to do with the reliability of the information contained in users' profiles. Many people simply lie about themselves. For example, women tend to lie about things that they think would be attractive to men (e.g. weight, age, body type, etc.), and men tend to lie about things that they think would be attractive to women (e.g. income,

Users have tried to sue online dating services for false statements made by other users. These lawsuits have been unsuccessful, in large part because of the Communications Decency Act of 1996. Under the CDA, online dating services cannot be held liable for the false statements by

However, it is not just the subscribers of online dating services who misrepresent themselves. Some of the services themselves have misled users by keeping profiles up on their site for months or years after that user has canceled his or her profile, leading other users to believe that there are more available "matches" than there really

Other services have been accused of "date bait" sending fake emails (allegedly from a "match") to paying customers to keep them from cancelling their account.

In 2011 a class action lawsuit was filed against a prominent online dating service, alleging that more than 90 percent of the potential dates on its site are canceled subscribers, people who never subscribed, duplicates, or fake profiles the company created.

Another problem with online dating services is their billing of users. Many sites allow for "free" or low-priced trial memberships. Once the trial membership ends, the users are automatically charged monthly fees regardless if they actually use the service. Many services will limit the users' access to other profiles until they sign up for a more expensive subscription.

Fraudulent practices are not limited to online dating services. You should be wary of any telephone solicitation or advertisement offering professional dating and matchmaking services. The Wisconsin Attorney General filed a lawsuit in 2011 against a matchmaking service, its owner and management company, alleging that the defendants carried out a "pervasive scheme to deceive and defraud Wisconsin citizens" in violation of numerous state consumer protection laws.

The lawsuit alleged that the dating service's salespeople withheld information and made numerous misrepresentations concerning the dating cost, contract terms and conditions, and

membership size.

In 2007, the New York Attorney General targeted a prominent dating service violating state laws which limit the amount a service can charge consumers. A settlement was reached and the company agreed to pay fines and costs to the state, as well as reform its business offering practices. which contracts clearly spell out rights to consumers.

Despite the claims that dating services online both offline actively defrauding users, efforts to regulate the industry have been limited.

2005, Congress enacted the Mail-Order Bride Business which requires Act. international marriage

regulate online dating.

brokers to obtain criminal and other background information from all of their members, and disclose the information on their websites. translated into appropriate foreign languages. While the act regulates online marriage brokers, it does nothing to

States have also been slow to regulate online dating services. New York has a "Dating Service Consumer Bill of Rights," which provides protections for consumers entering into social referral service contracts.

However, New York is one of a small minority of states with any type of legislation regulating dating services.

Although there are problems associated with online dating services, many Americans have found them to be an effective way to socialize. Users of these services should proceed with caution.

Don't click on a link without first knowing what it is and never download any programs on your computer that others users are sending you or have on their profiles. These are often some sort of spyware programs that can gain access to data from your laptop like your passwords and credit card numbers.

> service that is not well-known that has only recently established. Businesses on the Web

Steer clear of an internet dating

can disappear easily without a trace and it may be a long time before your money is discovered.

The same is true of brick and mortar services; many of these do not remain in business for very long and it can be nearly impossible to recover the money you invested.

Always check the terms and conditions before you sign up to be sure that there's no clause that offers them permission to sell your email address or use your private data in any way. When creating your profile, never give out personal contact information. If subscribing to a paid service, make sure you know all the terms of the contract before giving out your credit card number.

If you find another user that you desire to meet, make sure it's in a safe atmosphere. And last, do not assume that someone you meet on the Internet is who he or she says he or she is, or that messages to you are truthful. Maybe he or she loves you ... maybe not.

If you have any questions about these services or any other legal issues, call the Fort Jackson Legal Assistance Office at 751-4287 to set up an appointment with an attorney.



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# **Building a Super Bowl-winning family**

# By CHAPLAIN (MAJ.) DANIEL PETSCH

U.S. Army Chaplain Center and School

Congratulations to the New York Giants for their exciting victory over the New England Patriots. As thrilling as the Super Bowl was, my heart was elsewhere. I hate to admit it, but I must confess, I'm a die-hard Detroit Lions fan.

Ever since I can remember, I have been a Lions supporter. Yet, year after year, I begin the season with high hopes that maybe this will be the year when the Lions win it all. Then my hopes are eventually dashed.

So, as I join many others in impatiently awaiting the start of next season with renewed hope, I thought this might be a good time to share some philosophical insight into the game.

Football is a family-friendly game. It's a sport from which we, as military leaders, can draw many ideas and strategies; ideas and strategies to strengthen our families.

Consider your home team. You likely have one or two caring player-coaches — (That's you, Mom and Dad). You may have veteran stars — your pre-teens or young teens. You may have promising rookies — your younger kids. You may even have a bonus baby or two. Considering that you cannot trade, waive or fire either player-coach or any player on your team, how do you build a winning team?

# **BUILD TODAY**

Today's championship teams take small steps every day to build team unity and teamwork. Team unity is strengthened when player-coaches and players take time to listen, to be encouragers, and to pray for and with one another. Teamwork is developed when player-coaches teach and players learn new skills by doing tasks together.

So how do you create the winning balance? How do you build relationships for greater team unity and discover the right tasks for building teamwork? Start small. Stay simple. Do something today and every day to build your

# **BUILD FOR TOMORROW**

As a player-coach, your personality, passions and priorities are probably well-known by the other player-coach and the players on your team. What are the rookie and veteran stars seeing and hearing from you these days? Perceptive young eyes, ears and minds often look, listen and learn more than most of us realize. Ask yourself: What views and values am I giving to my team today which will empower, equip and enable them to make good decisions tomor-

#### **BUILD TEAM UNITY**

Winning teams communicate. Coaches com-

municate with one another and with their players. Players communicate with one another and with their coaches. Winning teams will frequently huddle to convey information, inspiration and instructions. Winning teams also show appreciation and affection. Huddles are places for team members to give each other a pat on the back and a cheer in the ear. Winning teams have player-coaches and players who share positive feelings about one another.

Winning teams are seldom penalized for "holding." However, some "holding" may help your home team build greater team unity.

☐ Hold evening training table reports. Ask team mem-

about a noteworthy event in their day. Other team members will listen, learn, and affirm the one sharing. ☐ Hold team meet-

bers to take two minutes to tell

Have team members offer posicomments tive and compliments about things they have appreciated or observed lately about

ings. Talk about team

issues and ideas,

strategy and plans.

each player and player-coach.

Or each team member create and share with the team a crayon draw-

ing or water-

color painting of a recent team event he or she especially

☐ Hold team sundae nights. Enjoy ice cream and a funny football blooper video or another family film favorite. Huddle-up and do a little holding. Give your teammates a pat on the back and cheer in the ear. Winning playercoaches and players support one another's success. Winning teams remember the old phrase, the word, "team," has no, "I," in it.

Here, then, is the way to build a winning team and tradition as a military family: Build today. Build for tomorrow. Build team unity.

Go Lions, go!



## **PROTESTANT**

Sunday

9 a.m. McCrady Chapel (SCARNG), McCrady Training Center

9:30 a.m. Hispanic, Post Theater 9:30 a.m. Main Post Chapel

8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service) 10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service) 10:45 a.m. Sunday school. Main Post Chapel

11 a.m. Memorial Chapel 11 a.m. Chapel Next and Children's Church, **Bayonet Chapel** 

6 p.m. Prayer service, Magruder Chapel

# **Protestant Bible Study**

■ Sunday 9:30 a.m. Chapel Next Bible study, Bayonet Chapel

■ Monday

7 p.m. Women's Bible study (PWOC), Main Post Chapel

9:30 a.m. to noon Women's Bible study

(PWOC), Main Post Chapel

■ Wednesday

6 p.m. Gospel prayer service, Daniel Circle

7 p.m. Gospel Bible study, Daniel Circle Chapel

7 p.m. LDS scripture study, Anderson Street Chapel

11:30 a.m. to 12:45 p.m. Fresh Encounter Bible Study, Family Life and Resiliency Center (5460 Marion Ave., left of the POV lot)

■ Saturday

8 a.m. Men's prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

# **Protestant Youth of the Chapel**

5 to 6:30 p.m. Club Beyond youth group, Main Post Chapel

■ Saturday

11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

## **CATHOLIC**

■ Monday through Thursday 11:30 a.m. Mass, Main Post Chapel

9:30 a.m. CCD (September through May), **Education Center** 

9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel 9:30 a.m. Religious ed class for children (September through May), Main Post Chapel 10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel

11 a.m. Mass (Main Post Chapel) 12:30 p.m. Catholic youth ministry. Main Post

Chapel 7 p.m. Women's scripture study, Main Post Chapel

■ Wednesday

7 p.m. Rosarv. Main Post Chapel 7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel

11:30 a.m. Ladies of the parish, Main Post Chapel (first Friday of each month)

## ANGLICAN/LITURGICAL

■ Sunday

8 a.m. Anderson Street Chapel

# **ISLAMIC**

8 to 10 a.m. Islamic studies, Main Post Chapel

1 to 2 p.m. Jumah services, Main Post Chapel

## **JEWISH**

■ Sunday

9:30 to 10:30 a.m. Worship service. Memorial Chapel

10:30 to 11:30 a.m. Jewish book study, Post Conference Room

## **LATTER DAY SAINTS**

9:30 to 11 a.m. Anderson Street Chapel

■ Thursday 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

## CHURCH OF CHRIST

11:30 a.m. Anderson Street Chapel

#### ADDRESSES, PHONE NUMBERS **Anderson Street Chapel**

2335 Anderson St., corner of Jackson Boulevard, 751-7032

**Bayonet Chapel** 9476 Kemper St., 751-6322/4542

**Daniel Circle Chapel** 

3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478 **Education Center** 

4581 Scales Ave. Family Life Chapel

4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-

**Magruder Chapel** 

4360 Magruder Ave., 751-3883

Main Post Chapel

4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681

McCrady Chapel (SCARNG)
3820 McCrady Road (located at McCrady Training Center)

Memorial Chapel 4470 Jackson Blvd., 751-7324

Warrior Chapel (120th AG Bn.)

1895 Washington St., 751-5086/7427 Installation Chaplain's Office

4475 Gregg St., 751-3121/6318

# Oral hygiene prevents gum disease

#### By LISA YOUNG

U.S. Army Public Health Command

Clean and healthy teeth and gums are not just for one's smile. Gum diseases are serious infections that can lead to tooth loss. Unfortunately, the beginning stages of gum disease are not painful and often go unnoticed.

Many people develop gum disease to a varying degree in early adulthood because of hormonal changes that persist depending on the health of the teeth and gums.

Gum or periodontal disease begins when the bacteria in plaque, the sticky colorless film that is constantly being formed on the teeth, causes the gums to be infected and swollen. If the plaque is not removed, it turns into a hard deposit called tartar that is trapped at the base of the tooth and irritates the gums.

The mildest form of periodontal disease is gingivitis. It often occurs when a person does not brush and floss his or her teeth adequately, or have regular cleanings with the dental hygienist. The symptoms of gingivitis are not usually painful. They include:

- ☐ Bleeding gums, particularly when teeth are brushed.
- ☐ Bright red gums.
- ☐ Gums that are tender when touched but otherwise painless.
  - ☐ Swollen gums.
  - ☐ Shiny appearance to gums.

This form of gum disease is reversible with professional treatment and good oral care.

If left untreated, gingivitis can progress to periodontitis, which occurs when the plaque and bacterial infection

#### ON THE WEB

For more information about gum disease, visit:

- ☐ American Dental Association: www.ada.org
- ☐ Centers for Disease Control and Prevention: http://www.cdc.gov/OralHealth/

grow below the gum line. Over time, the toxins produced by the bacteria stimulate an inflammatory response in the body so that the tissues and bone that support the teeth are broken down and destroyed. As the dis-

ease progresses, the gums separate from the teeth and the spaces between the teeth and gums deepen, and eventually more gum tissue and bone are destroyed.

The risk of periodontal disease is increased by:

- ☐ General illness.
- ☐ Poor dental hygiene.
- ☐ Pregnancy, due to hormonal changes that increase gum sensitivity.
  - ☐ Uncontrolled diabetes.
- ☐ Misaligned teeth, rough edges of fillings, and ill-fitting braces, dentures, bridges or crowns
- ☐ Certain medications, i.e. phenytoin, birth control pills, heavy

The goal of treatment for periodontal disease is to reduce inflammation. The teeth are cleaned professionally by a dentist or dental hygienist with various devices to loosen and remove the plaque and hard tartar from the teeth.

A cleaning at least twice a year — possibly more often is required to keep plaque from building up. This is followed by careful oral hygiene on a daily basis. Antibacterial mouth rinses may be recommended in addition to frequent brushing and flossing.

Special tools such as certain toothpicks or floss, antiplaque toothbrushes and tooth paste, water irrigation, or

> other devices may also be suggested by the dentist for people who are particularly prone to plaque deposits.

To prevent the reoccurrence of periodontal disease, strict oral hygiene must be maintained for a per-

son's entire life



# Snuff the habit, spit out dip for good

# By BETHANN CAMERON

U.S. Army Public Health Command

Do you know of someone who uses spit tobacco and has talked about quitting?

If so, the Great American Spit Out on Feb. 23 provides an opportunity to quit for a day or, hopefully, quit for good. Let's look at some reasons to quit spit tobacco (also called chew, dip, snuff, smokeless to-

Spit tobacco, like all tobacco products, contains nicotine. Nicotine is an addictive substance and, over time, a person can become physically dependent and emotionally addicted to nicotine. Addiction to nicotine controls your schedule and how you spend your money (Someone who uses two cans of spit per week will pay about \$280 each vear.).

Nicotine stymies the ability to perform a mission by reducing stamina, harming vision and slowing wound healing. In addition, nicotine affects the sperm and reduces the sperm count, reducing a man's chances of being able to have children.

In addition to nicotine, there are also chemicals in spit tobacco that can cause cancers of the mouth throat and jaw Many spit tobacco users get thick, leathery white patches in their mouths called, leukoplakia,

# ON THE WEB

For more information on quitting spit tobacco, visit:

- ☐ National Cancer Institute: https:// cissecure.nci.nih.gov/livehelp/welcome.
- ☐ UCANQUIT2: http://www.ucanquit2.org/facts/gaspo/Default.aspx
- ☐ My Last Dip: www.Mylastdip.com

or red sores that can turn into cancer.

Spit tobacco causes cavities and gum disease (gingivitis), that can lead to bone and tooth loss. It can also cause high blood pressure and heart attacks because of the high levels of salt.

Bottom line: Spit tobacco is bad for you, besides being a nasty-looking habit. But you can break the habit. According to the 2008 Survey of Health Related Behaviors among Active Duty Military Personnel, 29.4 percent of Army personnel reported quitting spit tobacco.

Quitting spit tobacco takes thought, planning and action. Prepare for your quit day. Some key steps are to recognize and manage the triggers by making a plan to deal with triggers and withdrawal symptoms. Triggers are situations, thoughts or

feelings that cause a strong desire or urge to use tobacco. Like a wave, the urge will pass in a few minutes. There are three types of triggers to recognize and manage:

☐ Physical triggers: Because of addiction, the body needs a certain level of nicotine in order for you to feel normal. To combat this addiction, gradually reduce the amount of nicotine in your body. Cut back on the number of dips or amount of chews used daily or mix the spit tobacco with a non-nicotine product.

☐ Habit triggers: The habit of automatic reaching for tobacco is connected with daily activities. To help break this connection, avoid people or activities connected with tobacco. Stay busy and physically active. Use substitutes for tobacco such as chewing sugar-free gum, sunflower seeds or use non-snuff tobacco.

☐ Stress or emotional triggers: Tobacco use is connected to feelings such as anger, boredom and stress. Take deep breaths, take a walk and find new ways, such as meditation, to cope with stress and feelings.

Quitting spit tobacco may result in withdrawal. Some symptoms are headaches, hunger, tiredness, trouble sleeping, trouble thinking, jumpiness, constipation and feeling irritable and blue. Get medications from your doctor to help with quitting.

# **MACH UPDATES**

# **FLU SHOTS**

Seasonal flu shots are available to eligible beneficiaries 4 and older from 8 a.m. to 4 p.m., Monday through Friday, at the Immunization Clinic on the sixth floor of Moncrief Army Community Hospital. Children 3 and younger may be vaccinated at the Family Health Clinic on a walk-in basis.

# **REFILL PHARMACY**

Moncrief Army Community Hospital Refill Pharmacy is located in the Exchange next to the UPS store. The Refill Pharmacy offers a 24-hour turnaround service. If prescriptions are called in before noon, they are ready for pick-up the following day after noon. All call-in medications are kept on the pick-up shelf for seven business days after they have been filled. After seven business days the medications are returned to stock.

To reprocess the medication, patients must call or come into the Exchange Refill Pharmacy to request the refill.

The Refill Pharmacy hours of operation are: 9 a.m. to 6 p.m., Monday through Friday, and 9 a.m. to noon, Saturday.

For automated call in refills, call 751-2250 or (866) 489-0950 For the patient refill help line, call 751-4609.

# FIRST RESPONDER

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The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

#### Lt. Col. Raymond Simons

Director, Emergency Services/Provost Marshal

**Sgt. Maj. Bruce Sirois** *Provost Sergeant Major* 

**Bill Forrester** *Fire Chief* 

## CASE OF THE WEEK

☐ The Fort Jackson Fire Department evacuated a building after a grenade was found near it, according to police reports. An Explosive Ordnance Disposal team determined the grenade to be a training device that presented no danger, Military

Police said.

## TIP OF THE WEEK

The Fort Jackson Provost Marshal's Office has announced that Military Police will conduct periodic safety checkpoints to promote safe driving on Fort Jackson.

MPs at the checkpoints will look for compliance with laws and regulations regarding the safe operation

of motor vehicles, proper documentation and the proper use of safety equipment.

Vehicle operators encountering a checkpoint will be asked to present their driver's license, vehicle registration and proof of insurance.

MPs will also be on the lookout for individuals who may be driving while under the influence of alcohol or drugs.





on, South

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# **Courts martial**

#### U.S. V. WOODY

A panel of officers and enlisted Soldiers convicted Pvt. Lyle Woody of four charges during a general court-martial Feb. 6-8.

Woody was convicted of aggravated sexual assault, abusive sexual contact, assault consummated by battery and wrongful sexual contact.

Woody was sentenced to 90 days confinement, reduction in rank to E1, forfeiture of \$1,000 per month for three months and a bad conduct discharge.

Woody was attending Advanced Individual Training with Company A, 187th

Ordnance Battalion.

#### U.S. V. TAKYI

A military judge convicted Pfc. Daniel Takyi of two charges during a general court-martial Feb. 9-10.

Takyi was convicted of aggravated sexual assault and abusive sexual contact

Takyi was sentenced to eight months confinement, reduction in rank to E1 and a bad conduct discharge.

Takyi was attending Advanced Individual Training with Company E, 187th Ordnance Battalion.

# FORCE PROTECTION THOUGHT OF THE WEEK

# DEFEATING THE THREAT REQUIRES A DEDICATED, LONG-TERM TEAM EFFORT



# **SPORTS**

#### Winter basketball standings Monday/Wednesday Tuesday/Thursday 81st RSC 3-2 4-10th Swamp Foxes 4-3 3-2 81st SRP 187th 3-1 3-2 193rd 1-34th 3-2 3-34th 2-2 1-61st 2-1 175th 1-2 **MED**DAC 2-3 1-3 2-4 TFM 171st 120th 1-2 2-39th 2-60th 1-5 Standings as of Tuesday

## **Dart standings Recreational teams** 1st CivDiv Sharp Shooters Intramural teams MACH 4-10th 5+ 120th, Team 1 5+ 187th 2-60th 5+3-34th 3+ 120th, Team 2 3+ 1-61st 2+ **TFM** Standings as of Wednesday

# **Sports shorts**

# **LETTERS OF INTENT DUE**

Letters of intent for the following sports are now accepted by the Sports Office:

- ☐ Indoor volleyball; recreational and intramural; due March 20
- $\hfill \square$  Softball; recreational and intramural; due March 20
- $\ \square$  Golf; recreational and intramural; due March 21

For more information, call 751-3096.

## YOUTH SPORTS REGISTRATION

Registration for youth sports is open to family members of active duty Soldiers, DA civilians, contractors and military retirees. Children must be registered with Child, Youth and School Services. To register, visit the Parent Central Office between 7:30 a.m. and 4:30 p.m., Monday, Wednesday and Friday, or between 7:30 a.m. and 6 p.m., Tuesday and Thursday. A physical taken within the last year is required. Youth sports offered during spring are soccer (ages 3-13), track and field (ages 6-13), T-ball (ages 3-5) and baseball/softball (ages 3-13). For more information, call the Youth Sports and Fitness Office at 751-5040.

For more information about intramural sports, contact the Sports Office at 751-3096.



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